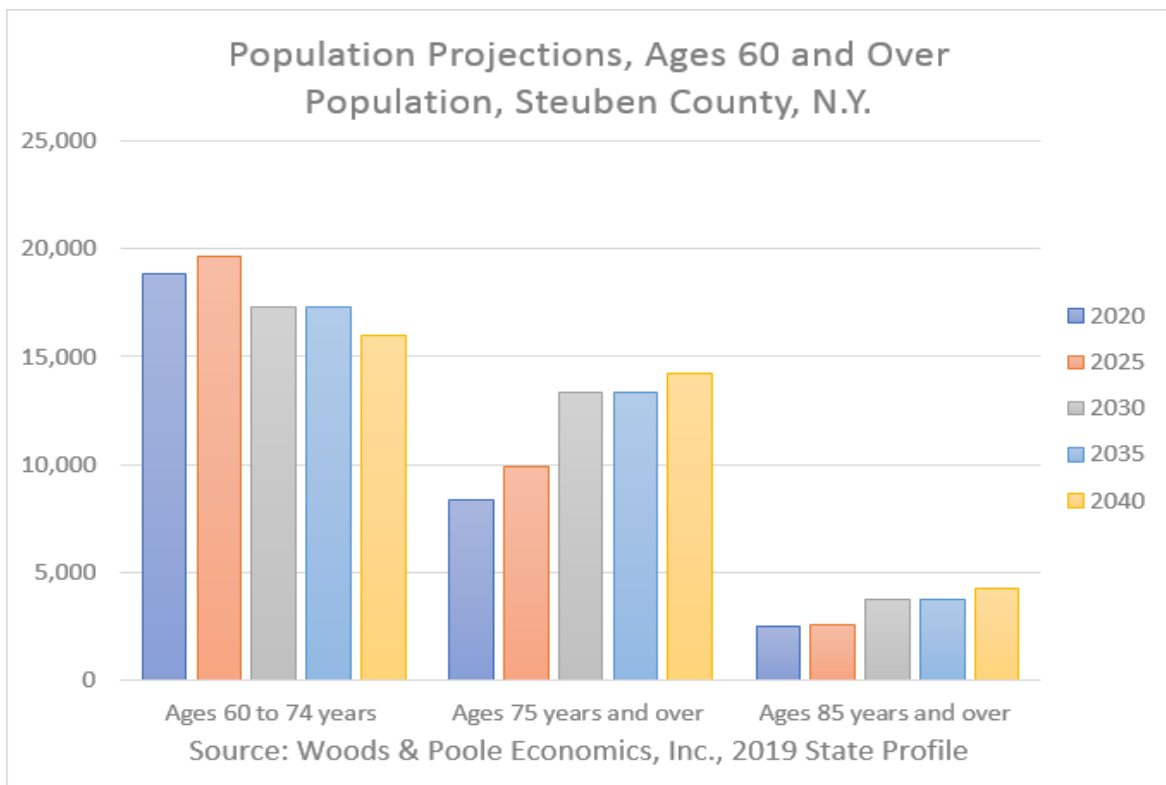


# ***STEUBEN COUNTY OFFICE FOR THE AGING 2020 ANNUAL PLAN ABSTRACT***

## **OVERVIEW**

Advances in health care, nutrition, wellness and lifestyles have resulted in increased longevity. Steuben County, just like the rest of the nation, has a growing population of older adults. Currently there are an estimated 22,000 older adults age 60 or over living in Steuben County. By the year 2025, it is projected that this number will grow to 29,686.

The fastest growing segment of the population are those age 75 and over, which often correlates with an increased need for long term services and supports (LTSS).



## **OUR VISION**

Our vision is that residents of all ages in Steuben County will have access to a broad array of services that allows them to remain independent with maximal quality of life as long as possible.

## **OUR MISSION**

To maximize quality of life, safety and independence for individuals of all ages and their caregivers through information, assistance and exceptional programming.

In response to the Governor's vision that New York State will be the healthiest state for residents of all ages, the Advisory Council of the Steuben County Office for the Aging has selected the following priorities for 2020:

1. Adopt and apply business acumen strategies that address the social determinants of health (such as transportation, poverty, social support networks, etc.) for improved outcomes.
2. Continue efforts to maximize use of evidence-based programming to promote health and wellness.
3. Build on the current availability of cutting edge telehealth and **tele-monitoring** along with traditional aging services that allows for the dignity of risk and self-determination to age in place in the community.
4. Build on existing policies to enhance departmental disaster response to ensure safety and to avoid interruption of services for older adults in Steuben County.
5. Continue to provide legal support to older persons, including activities to prevent their abuse, neglect and exploitation.

## **PROGRAMS AND SERVICES**

The services provided by the Steuben County Office for the Aging are provided either directly by County employees or by contractors of the County. The services are funded by Steuben County, the New York State Office for the Aging, the federal Administration for Community Living, grants, donations or fees from program participants. Services can be obtained by calling 607-664-2298, emailing us at [OFAInfo@SteubenCountyNY.gov](mailto:OFAInfo@SteubenCountyNY.gov) or by scheduling an in-person appointment at one of the OFA offices Monday – Friday, 8:30 to 5:00. Home visits can be arranged, if appropriate.

***NY Connects – The Aging and Disability Resource Center:***

- Information, assistance and referrals for services and supports for people of any age who have a long term care need.
- Website directory
- Personalized Options Counseling to help people develop a plan for existing or future long term care needs.
- Assistance with applying for benefit programs, such as, Medicaid, SNAP (Food Stamps), SSI, HEAP, home repairs and more, etc.

***Nutrition Services:***

- Community senior dinner clubs (congregate).
- Home delivered meals.
- Nutrition education and counseling.
- Farmers Market Coupon program.

***Case Management & Home Care (EISEP PROGRAM):***

- EISEP provides non-medical services to those 60 and over so they may remain as independent as safely possible in their own homes.
- Personal care aides help with bathing, meal preparation, laundry and housework.
- Case managers conduct in-depth assessments, develop care plans, coordinate and monitor services to ensure that the care provided addresses the person's needs.

***Caregiver Resources and In-home Respite:***

- Caregiver coaching
- Respite Care in the home
- Evidence-based Powerful Tools for Caregivers: Training for caregivers

***Health Insurance Information, Counseling and Assistance Program (HIICAP):***

- One-on-one counseling on health insurance, including Medicare Part A, B and D, EPIC (Elderly Pharmaceutical Insurance Coverage), the Medicare Savings Programs, "Extra Help" and Medigap, Medicare Advantage and other supplemental policies
- Medicare 101 workshops

***Health Promotion and Education:***

- Personal Emergency Response System (PERS): The Office for the Aging contracts with St. James Mercy Health for this service.
- TRIAD is a joint venture of police agencies, senior service organizations (including OFA), and older persons designed to promote safety for our county's older residents. TRIAD provides outreach through educational programs, disseminating information scams, personal security, elder abuse, Files of Life, disaster preparedness and other relevant topics.
- Volunteer Opportunities through RSVP allow us to expand our reach in delivering evidence-based health promotion and safety programs, such as Bone Builders, Tai Chi for Arthritis, TRIAD, A Matter of Balance Program, etc.)

**Legal Assistance:**

- Legal assistance is provided through our legal contracts and other partner agencies for issues such as Power of Attorney, Health Care Proxy, landlord/tenant issues, public benefits, conflict resolution and other areas of law.

**RSVP:**

The Retired and Senior Volunteer Program, an initiative of the Older Americans Act, recruits, places and celebrates about 400 older volunteers in community agencies to expand the partner agency’s capacity and to enrich the older person’s life. Their emphasis on Healthy Futures aligns their goals with those of the OFA.

**Transportation:**

- Volunteer transportation to medical and other appointments
- Easy Rider Van Service for shopping, a collaboration with Dept. of Social Services

**Aging in Place Supports:**

- A collaboration of OFA, RSVP and Steuben Senior Services Fund, we work to create innovative solutions to help older persons remain safely in the community using dedicated volunteers, technology and a new way of thinking. The cutting-edge Full Circle America program, combined with Alexa/ smart technology is available to the fortunate residents who choose to spend their Golden Years in our beautiful county.

**2020 REVENUE SUMMARY - TENTATIVE**

<b>Funding Source</b>	<b>Total</b>
Community Services for the Elderly	192,887
Congregate Services Initiative	2371
EISEP – Expanded In Home Services Program	300,864
HIICAP – Health Insurance Information and Counseling Program	33,284
Medicare Improvement Act	13,496
NY CONNECTS	217,383
Supportive senior services	101,264
Congregate Nutrition	143,415
Home Delivered Meals	73,112
Health Promotion (Federal)	7,617
Caregiver Support Program (Federal + State)	56,324+19,611
RSVP Volunteer Program	\$98,000
Transportation Grant (State)	6,162
Wellness In Nutrition (State)	216,730
County	828,016
United Way (Project Care)	5,188
DSS- local	167,200
Benefits Enrollment Center Grant	45,721
Unmet Need Grant	47,179

Nutrition Service Incentive Program		~\$110,000
<b>Contracts (Tentative)</b>	<b>Total</b>	
DIETITIAN	\$21,500	
MERCYLINE- Emerg. Response	\$13,500	
Corning MOW- HDM	~\$42,343	
PRO A HDM	\$157,985	
PRO A Congregate	\$221,616	
PRO A SNAP	\$155,555	
PRO A EISEP EMPL	\$52,870	
EISEP (Home care)	\$226,048	
AIM CONSUMER DIR. Care	\$37,849	
LEGAL SERVICES	\$16,000	
RESPIRE- (Home care)	\$17,598	
FAITH IN ACTION	\$35,000	
IHS MEDICARE	\$69,500	
IHS TRANSPORTATION	\$66,000	
IHS EMPLOYMENT	\$86,150	
IHS NYCONNECTS	\$28,600	
PRO ACTION WELLNESS	\$12,400	
PRO ACTION EMPLOYMENT	\$164,200	
STEUBEN SR SERV. FUND	\$56,500	
PROJECT CARE-IHS	\$22,130	