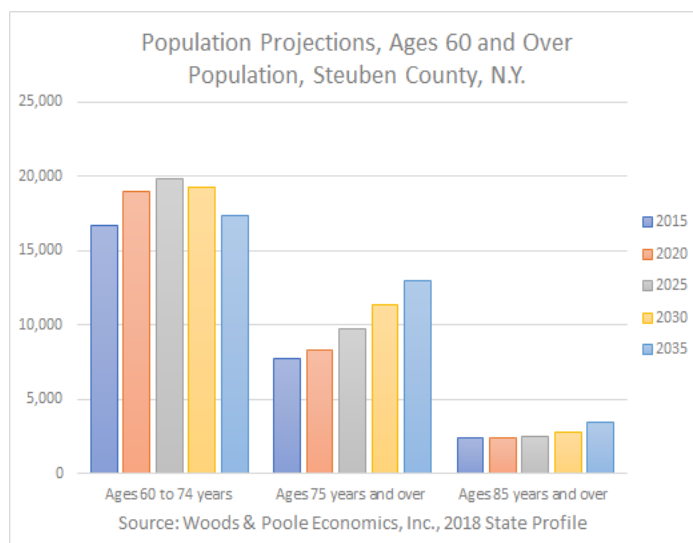


STEUBEN COUNTY OFFICE FOR THE AGING 2019 ANNUAL PLAN ABSTRACT

OVERVIEW

Advances in health care, nutrition, wellness and lifestyles have resulted in increased longevity. Steuben County, just like the rest of the nation, has a growing population of older adults. Currently there are an estimated 22,000 older adults age 60 or over living in Steuben County. By the year 2025, it is projected that this number will grow to 29,686.

The fastest growing segment of the population are those age 75 and over, which often correlates with an increased need for long term services and supports (LTSS).



Our vision is that residents of all ages in Steuben County will have access to a broad array of services that allows them to remain independent with maximal quality of life as long as possible.

OUR MISSION

To maximize quality of life, safety and independence for individuals of all ages and their caregivers through information, assistance and exceptional programming.

The Advisory Council of the Steuben County Office for the Aging has selected the following priorities for 2019:

1. Prepare for **disaster response** by creating systems and educating staff along with older and/or vulnerable residents to ensure safety and to avoid interruption of services.
2. Collaborate with New York State and agencies across the region to make **legal services** available to older Steuben County residents with emphasis on the most vulnerable and those lacking resources.
3. Continue efforts to create a solid “**No Wrong Door**” interface between disability and aging services under the NYCONNECTS program, delivering accurate, up to date information and assistance that allow consumers to make informed choices about long term care.
4. Expand the availability of cutting edge telehealth and **tele-monitoring** along with traditional aging services that allows for the dignity of risk and self-determination to age in place in the community.

PROGRAMS AND SERVICES

The services provided by the Steuben County Office for the Aging are provided either directly by County employees or by contractors of the County. The services are funded by Steuben County, the New York State Office for the Aging, the federal Administration for Community Living, grants and donations or fees from program participants. Services can be obtained by calling 607-664-2298, emailing us at ofainfo@co.steuben.ny.us or by scheduling an in-person appointment at one of the OFA offices Monday – Friday, 8:30 to 5:00. Home visits can be arranged, if appropriate.

3,522 clients serviced in 2017

NY Connects – The Aging and Disability Resource Center:

- Information, assistance and referrals for services and supports for people of any age who have a long term care need.
- Website directory
- Personalized Options Counseling to help people develop a plan for existing or future long term care needs.
- Assistance applying for benefit programs, such as, Medicaid, SNAP (Food Stamps), SSI, HEAP, home repairs and more, etc.

2,883 calls for help in 2017

Nutrition Services:

- Community senior dinner clubs (congregate) available at 8 locations.
- Home delivered meals.
- Nutrition education and counseling.
- Farmers Market Coupon program.

31,839 congregate meals served to 606 people
113,511 meals delivered to 734 people
1,424 clients educated
82 individuals counseled by the dietitian
840 Farmers Market Coupons distributed

Case Management & Home Care (EISEP PROGRAM):

- EISEP provides non-medical services to those 60 and over so they may remain as independent as safely possible in their own homes.
- Personal care aides help with bathing, meal preparation, laundry and housework.
- Case managers conduct in-depth assessments, develop care plans, coordinate and monitor services to ensure that the care provided addresses the person's needs.

8467 hours of home care to 93 clients.
3681 hours of case management

Caregiver Resources and In-home Respite:

- Caregiver coaching
- Respite Care in the home
- Powerful Tools for Caregivers: Training for caregivers
- Aging Mastery Program

272 caregivers helped
808 counseling & training sessions
373 hours of respite

Health Insurance Information, Counseling and Assistance Program (HIICAP):

- One-on-one counseling on health insurance, including Medicare Part A, B and D, EPIC (Elderly Pharmaceutical Insurance Coverage), the Medicare Savings Programs, "Extra Help" and Medigap, Medicare Advantage and other supplemental policies
- Medicare 101 workshops

1074 Individuals Counseled
1582 hours of counseling
16 presentations to 169 participants

Health Promotion and Education:

- Personal Emergency Response Systems (PERS): The Office for the Aging contracts with St. James Mercy Health for these services.

**59 Individuals received PERS devices
218 individuals attended a Tai Chi class
475 individuals attended a Bone Builders class**

- TRIAD is a joint venture of police agencies, senior service organizations (including OFA), and older persons designed to promote safety for our county’s aging residents. TRIAD provides outreach through educational programs, disseminating information scams, personal security, elder abuse, Files of Life, disaster preparedness and other relevant topics.
- Volunteer Opportunities: In 2017 there were **405** volunteers enrolled in health/wellbeing activities and evidence-based programs (Bone Builders, Tai Chi for Arthritis, Aging Mastery, etc.)

Legal Assistance:

- Legal assistance is provided through our legal contract and other partner agencies for issues such as Power of Attorney, Health Care Proxy, landlord/tenant issues, public benefits and other areas of law.

RSVP

- The Retired and Senior Volunteer Program, an initiative of the Older Americans Act, recruits, places and celebrates about 400 older volunteers in community agencies to expand the partner agency’s capacity and to enrich the older person’s life. Their emphasis on Healthy Futures aligns their goals with those of the OFA.

**61,305 service hours reported in 2017
102 volunteers served in aging in place assignments
105 volunteers addressed food insecurity issues
46 volunteers are veterans**

Transportation:

- Volunteer transportation to medical and other appointments
- Easy Rider Van Service for shopping, a collaboration with Dept. of Social Services

9,836 one way trips provided in 2017

Aging in Place Supports:

- A collaboration of OFA, RSVP and Steuben Senior Services Fund, we work to create innovative solutions to help older persons remain safely in the community using dedicated volunteers, technology and a new way of thinking. The cutting-edge Full Circle America program is available to the fortunate residents who choose to spend their Golden Years in our beautiful county.

2019 REVENUE SUMMARY - TENTATIVE

Funding Source	Total
Community Services for the Elderly	192,887
Congregate Services Initiative	2371
EISEP – Expanded In Home Services Program	301,752
HIICAP – Health Ins. Information and Counseling Program	33,121
Medicare Improvement Act	13,439
NY CONNECTS	208,589
Supportive senior services	102,090
Congregate Nutrition + NSIP	141,169+110,000
Home Delivered Meals	71,500
Health Promotion (Federal)	7,619
Caregiver Support Program (Federal + State)	55,762+19,611
RSVP Volunteer Program	6,014
Transportation Grant (State)	6,162
Wellness In Nutrition (State)	216,730
County	797,020
United Way (PC)	5,223
DSS- local	164,000
Contracts (Tentative)	Total
DIETITIAN	\$21,518
MERCYLINE	\$13,500
CMOW- HDM	\$10,000+NSIP
PRO A HDM	\$157,985
PRO A Congregate	\$221,616
PRO A SNAP	\$155,555
PRO A EISEP EMPL	\$51,839
EISEP HHC	\$221,048
AIM CONS DIR HC	\$20,000
LEGAL SERV	Up to \$14,191
RESPITE- HHC	\$10,000
FAITH IN ACTION	\$35,000
IHS MEDICARE	\$68,179
IHS TRANSP	\$63,617
IHS EMPLOYMENT	\$83,761
IHS NYCONNECTS	\$28,026
PRO A WELLNESS	\$12,400
PRO A EMPLOYMENT	\$148,397
SSSF	\$55,600
PROJECT CARE-IHS	\$21,795