



Ounce of Prevention Newsletter

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Message to Coalition Members:



From the Steuben Prevention Coalition

COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

Steuben Prevention Coalition
8 East Morris Street
Bath, NY 14810
(607) 776-6441

Website:
www.steubenpreventioncoalition.org

Email:
steubenpreventioncoalition2017@gmail.com

Staff:
Colleen Banik
Program Coordinator
cbanik@dor.org

What's Happening

Community Events

We are asking all Coalition Members and Community Partners to let us know of any upcoming events, activities, public meetings, etc. that are or will be happening in your communities. Please contact us at the information provided.

cbanik@dor.org

Study Finds Juul Delivers More Nicotine Faster Than Most Other E-Cigarettes

Partnership for Drug Free Kids
November 21, 2019

Juul e-cigarettes deliver more nicotine faster than most other types of e-cigarettes, according to a new study.

Researchers evaluated blood samples from six people who puffed on a Juul device every 20 seconds for 10 minutes, HealthDay reports. "The Juul users we studied obtained blood nicotine concentrations almost three times as high as most of the e-cigarette users we previously studied," researcher Jessica Yingst said in a news release. "Juul's nicotine delivery is very similar to that of cigarettes."

Study co-author Jonathan Foulds noted that in previous studies, they found people who used e-cigarettes were less addicted than smokers. "However, the high nicotine delivery of the product and the scores on this study suggest that Juul is probably as addictive as cigarettes," he said.



https://drugfree.org/learn/drug-and-alcohol-news/study-finds-juul-delivers-more-nicotine-faster-than-most-other-e-cigarettes/?utm_source=pns&utm_medium=email&utm_campaign=study-finds-juul-delivers-more-nicotine-faster-than-most-other-e-cigarettes



Opportunities Available

The Steuben Prevention Coalition has two openings available for individuals looking to join our team.

Program Assistant Steuben Prevention Coalition - Opioid Committee

PROGRAM ASSISTANT

Substance Free Living/Prevention Bath, NY Part-Time
(17-21 hours/week)

PRIMARY FUNCTION: The Program Assistant will be directly responsible for coordinating the daily operations of the Steuben Prevention Coalition Opioid Committee whose purpose is to strengthen collaboration and increase capacity building among communities and reduce substance abuse among youth and adults.

Clerical Assistant DFC – Steuben Prevention Coalition

CLERICAL ASSISTANT

Substance Free Living/Prevention Bath, NY Part-Time
(17-21 hours a week)

PRIMARY FUNCTION: The clerical assistant will assist the Program Coordinator with daily operations of the Steuben Prevention Coalition whose purpose is to strengthen collaboration and increase capacity building among communities and reduce substance abuse among youth.

For a full job description and/or if you are interested in a position, please contact Jackie Andersen at jacqueline.andersen@dor.org to discuss next steps.

<https://www.catholiccharitiessteuben.org/join-our-team/>

Apple Removes 181 Apps Related to Vaping from Its Mobile App Store

Partnership for Drug Free Kids
November 21, 2019



Apple has removed 181 apps related to vaping from its mobile App Store, according to [CNN](#). The apps will continue to work for people who already have them downloaded on their devices, the company said. "Recently, experts ranging from the CDC to the American Heart Association have attributed a variety of lung injuries and fatalities to e-cigarette and vaping products, going so far as to call the spread of these devices a public health crisis and a youth epidemic," the company said in a statement. "We agree, and we've updated our App Store Review Guidelines to reflect that apps encouraging or facilitating the use of these products are not permitted." In June, the company banned the promotion of vaping products in its app store.

For more information:

https://drugfree.org/learn/drug-and-alcohol-news/apple-removes-181-apps-related-to-vaping-from-its-mobile-app-store/?utm_source=pns&utm_medium=email&utm_campaign=apple-removes-181-apps-related-to-vaping-from-its-mobile-app-store

News from CADCA (Community Anti-Drug Coalitions of America)



New Study Finds Parental Marijuana Use Increases Substance Use in Children

A [new study](#) published by **Bertha K. Madras**, PhD, **Beth Han**, MD, PhD, MPH, **Wilson M. Compton**, MD, MPE, **Elinore F. McCance-Katz**, MD, PhD, **Christopher M. Jones**, PharmD, DrPH, MPH and **Elizabeth I. Lopez**, PhD in the Journal of the American Medical Association finds a link between parental marijuana use and youth substance use. The study found that parental marijuana use was associated with increased risk of marijuana and tobacco use and opioid misuse by both adolescent and young adult offspring, and of alcohol use by adolescent offspring.

"CADCA believes that we must utilize the most up-to-date evidence-based research to influence our work in community coalitions throughout the world. We're grateful to the authors of this new research study, which provides context for our prevention strategies." said **General Arthur T. Dean**, CADCA's Chairman and CEO.

For more information on the new study, please visit:

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2755867>

Upcoming Events:

Next Coalition Meeting

January 8, 2020
11:00 am – Steuben County Sheriff's
Bldg., Bath, NY

Upcoming Coalition Meeting Presentations:

January 8th – NYS Trooper Jason Klewicki to
present on Drug Impairment Training for
Education Professionals (DITEP)

March 11th – Kelli Keck of Epiphany
Community Services to present on Coalition
Grant Expectations, Action Planning &
Capacity and Darlene Smith of Steuben
County Public Health to present on OD
Mapping

May 13th – Jenna Houghtaling of Finger Lakes
Problem Gambling Resource Center



MISSION:

To promote healthy and safe
communities in Steuben County by
reducing alcohol and drug use
among our youth!

VISION:

To have a county where our youth
are healthy and drug free!

Study: Social Media Usage Linked to Underage Drinking (U.S. News)

ALCOHOL-RELATED SOCIAL media posts appear to influence youth alcohol consumption, a [new study](#) says.

The study, published in the journal Alcoholism: Clinical and Experimental Research, examined associations between young adults' drinking behavior and the photos and posts of alcohol-fueled parties and behaviors that fill their feeds on social media sites. Despite the pervasive use of social media among young adults, the study says, little is known about its effect on drinking patterns.

Using a systematic review of articles containing data from over 9,000 social media users across Facebook, Twitter, Instagram and Snapchat, researchers found greater alcohol-related social media engagement was correlated with both greater self-reported drinking and alcohol problems.

Substance use, particularly alcohol, is frequently displayed on social media sites – this normalizes drinking for teens and young adults," lead author Brenda Curtis said. "To date, reviews have considered drinking behavior in relation to risky behavior, such as binge drinking, or advertising content, rather than focusing on alcohol-related social media engagement. "

The study looked at connections between self-reported drinking measures and alcohol-themed social media content – defined as linking, posting, commenting on and viewing alcohol-related content on social platforms – among young adults. Self-reported drinking measures included alcohol consumption and problems such as regret after drinking, blacking out and sustaining injuries while drinking.

The correlation between social media patterns related to alcohol consumption and consumption itself was statistically significant, researchers found, saying further research is necessary to better establish the causal relationship between social media and alcohol consumption.

"This is especially important given that social media sites can expose adolescents and young adults to alcohol content and marketing," Curtis said. "This exposure may increase the likelihood of their drinking." She said that additional research could provide opportunities to use social media to attempt to reduce alcohol consumption among young drinkers.

<https://onlinelibrary.wiley.com/doi/abs/10.1111/acer.13642>

Steuben County Underage Party & Drug Information Tip Line

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.

Do your part to help make our communities safe for everyone.

1-844-378-4847