



Ounce of Prevention Newsletter

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Message to Coalition Members:



We would like to let everyone know that we have been awarded our final 5-year cycle of the Drug Free Communities Grant!! Thank you to everyone who supported us through our year of non-DFC funding and thank you to all of those who participated in the grant application process!



COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

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We are asking all Coalition Members and Community Partners to let us know of any upcoming events, activities, public meetings, etc. that are or will be happening in your communities. Please contact us at the information provided.

cbanik@dor.org

2019 Prevention Needs Assessment Survey



The Steuben Prevention Coalition administered the 2019 Prevention Needs Assessment Survey in Steuben County with a potential 100% participation rate in all 13 school districts.

“By participating in this survey, the benefits to the school districts are numerous. Several school districts have been awarded grant funding over the past several years using the student data to help address student needs. School Districts across our state and the nation have seen reductions in problem behaviors after using the survey results to better target the needs of the students” said Joe Rumsey, Superintendent of Bath Haverling School District and Chairman of the SPC Steering Committee.

The goal of the SPC is to address as many of these student issues as possible along with prevention partners to make progress in improving student academic achievement, promote protective factors that reduce the risk of substance abuse and reduce factors that increase the risk of substance abuse among our youth.

Survey goals & objectives are essential



Event Spotlights

During National Red Ribbon Week, Lisa Oliver of Hornell Concern for Youth, Inc. organized a Candlelight Vigil bringing awareness to the impact of substance abuse on individuals, family members and communities which was held on October 29, 2019 in Hornell, NY

We offer a special thank you to Lisa Oliver for your dedication and organization of this very important event!



The Coalition participated in the Wayland-Cohocton Middle School Health Fair on October 19, 2019. We had the opportunity to serve over 100 youth and adults during this event. The Coalition provided Prevention Bingo as their activity. Thank you to the Kristina Loop and the Wayland-Cohocton Staff for the invitation and a fantastic event.



During October the Coalition also participated in the Opioid Forum sponsored by the Bethesda Foundation and the Steuben County Medical Society, Inc. on October 23, 2019 at the Main Place in Hornell, NY. This discussion was led by Dr. Michael Mendoza of Highland Family Medicine and Monroe County Public Health. Dr. Mendoza was a very informative and engaging speaker which led to very significant discussion surrounding the opioid crisis in our area. If you have an opportunity to listen to Dr. Mendoza speak on the subject, the Coalition highly recommends that you take advantage of it.



Vaping and Other Teen Drug Trends



Vaping and Other Teen Drug Trends –
Presented by Michael DeLeon from
Steered Straight, Inc.

Date: November 20, 2019

Time: 1:00 – 2:30 p.m.

Location: Bath-Haverling High
School Auditorium

Cost: \$25 per person

Alfred State College's Center for Community Education and Training, the Steuben Prevention Coalition and Bath-Haverling High School have teamed up to bring the "Steered Straight" program to the Southern Tier! We are in one of the worst public social health crisis' America has ever seen with vaping/JUULing and marijuana legalization. This presentation will tell us what educators and parents need to know about these new trends. The threats to youth have changed, and the terminology you thought you understood needs new understanding. What are the conversations you need to have with your students or children? Where does connection fit in with this digital world?

You can email ccet@alfredstate.edu to register or use the following link to register online:

https://banner.alfredstate.edu/pls/prod/zwskcenc.P_SelectCourse



Study Shows Flavors Entice Teens to Try—and Stick With—Vaping

Partnership for Drug Free Kids

October 24, 2019

Teens who first try flavored e-cigarettes, cigar or smokeless tobacco are much more likely to still be using that product a year later, compared with those who try a non-flavored product, a [new study](#) finds.

Researchers found twice as many teens and young adults who first try a flavored e-cigarette are still vaping one year later, compared with those who first try a tobacco-flavored e-cigarette, [HealthDay](#) reports.

"Children and youth prefer sweet flavors. We know that flavors increase appeal to young or inexperienced users," said lead researcher Andrea Villanti of the University of Vermont's Center on Behavior and Health. "Something that tastes like candy is more palatable to a young person than tobacco flavor on its own."

To read more click on the link below:

https://drugfree.org/learn/drug-and-alcohol-news/study-shows-flavors-entice-teens-to-try-and-stick-with-vaping/?utm_source=pns&utm_medium=email&utm_campaign=study-shows-flavors-entice-teens-to-try-and-stick-with-vaping



How to Talk With Your Kids About Vaping [GUIDE]

Vaping's popularity exploded seemingly overnight, and it took many parents and families by surprise. Vaping, or Juuling as it is often referred to by teens and young adults (named after a popular vape device called JUUL), is the inhaling and exhaling of an aerosol produced by using a vape device.

To obtain the Vaping Guide click on the link below:

<https://drugfree.org/parent-blog/how-to-talk-with-your-kids-about-vaping-guide/>

We know.
YOUR child
would
NEVER...

but statistically,
they **MIGHT.**



Upcoming Events:

Next Coalition Meeting
November 13, 2019

11:00 am – Steuben County Sheriff's

Vaping & Other Teen Drug Trends

November 20, 2019

1:00 – 2:30 p.m.

Bath Haverling High School

Tall Cop Events 9:00 – 3:00 p.m.

Event is Free

Registration Required for each

Nichols Dec 4th

https://www.eventbrite.com/e/tall-cop-high-in-plain-sight-tickets-72150015639?aff=ebdssbdestsearch&utm_source=hs_email&utm_medium=email&utm_content=77159836&_hsenc=p2ANqtz--L_qFwHrbBfVWQo- jsAWayzbcjgJa6KQtno9RQgfTtoH0l wMHu kjRzQ3Y- 8GtNnFMFdFu_H4EI4Cmw4uUEE6XfYeAjg&_hsmi=77159836

Horseheads Dec 5th

<https://www.eventbrite.com/e/tall-cop-says-stop-professional-development-day-tickets-66499370407>

Password is: tallcop2019

Community Foundation Edith Saxton Fund



This year one of our Coalition goals is to create community action and change through educational awareness and community readiness. While our efforts to reach out to Steuben county youth and community members has seen progress and increased awareness, we still have a lot of work to do. The Coalition has been awarded a grant from the Community Foundation – Edith Saxton Fund in the amount of \$1,200.00.

We will be hosting a Community Youth Awareness & Movie Night in July of 2020 at Mossy Bank Park in Bath, NY. We will be collaborating on this project with the Bath-Haverling High School Student group known as the Youth Action Forum students, the Dana Lyons Girls Group and the Steuben Council on Addictions just to name a few. There will be many youth serving agencies and organizations invited to participate to make this a fun filled and educational night for both our youth and our community members. Dinner will be served during the health fair prior to the movie and popcorn will be served during the movie. A firm date will be announced as the event draws near.

*Engage
Educate
Develop
Guide Inspire
Empower Promote*



MISSION:

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among our youth!

VISION:

To have a county where our youth are healthy and drug free!

Steuben County Underage Party & Drug Information Tip Line

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.

Do your part to help make our communities safe for everyone.

1-844-378-4847