Wellness Matters

Community Calendar

Community Health Priorities Setting Meeting
Tuesday, May 7
9 am - 12 pm
Steuben County Office Annex Building
20 E Morris St., Bath
All welcome!

National Public Health Week
April 1 - 7, 2019
http://www.nphw.org/
Everyone deserves to live a long and healthy life in a safe environment. Each day of NPHW focuses on a public health topic. Follow us on Facebook:
www.facebook.com/SCNYPublicHealth

Inside this issue:

<table>
<thead>
<tr>
<th>Event</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby Café Easter Party</td>
<td>1</td>
</tr>
<tr>
<td>National Infant Immunization Week</td>
<td>2</td>
</tr>
<tr>
<td>County Health Rankings</td>
<td>2</td>
</tr>
<tr>
<td>Car Seat Check Event</td>
<td>2</td>
</tr>
<tr>
<td>Health Priorities Setting Meeting</td>
<td>3</td>
</tr>
<tr>
<td>Directory</td>
<td>4</td>
</tr>
</tbody>
</table>

BATH BABY CAFE PRESENTS

EASTER PARTY

FRIDAY, APRIL 12
11:00 AM - 1:00 PM

Free Pictures with the EASTER BUNNY
Face Painting & Diaper & Basket Giveaway
Tons of FREE Family Fun!

DORMANN LIBRARY
101 W. Morris Street, Bath

Questions: Call Public Health at 607-664-2438
The Bath Baby Cafe will be open during regular hours as well from 9:00 - 10:30 am. All are welcome!
National Infant Immunization Week

Most parents choose the safe, proven protection of vaccines. Giving babies all the recommended vaccinations by age two is the best way to protect them from 14 serious and potentially deadly childhood diseases, like whooping cough and measles. Parents are encouraged to talk to their child’s doctor to ensure that their baby is up-to-date on vaccinations.

However, there has been an increase in the number of children under two years old who are receiving no vaccines. Because of the success of vaccines in preventing disease, parents may not have heard of some of today’s vaccines or the serious diseases they prevent. These diseases can be especially serious for infants and young children. That is why it is important to follow the recommended immunization schedule to protect infants and children by providing immunity early in life, before they encounter potentially life-threatening diseases.

Vaccine-preventable diseases still circulate in the United States and around the world, making continued vaccination necessary to protect everyone from potential outbreaks. Even when diseases are rare in the U.S., they can still be common in many parts of the world, and unvaccinated individuals can bring them to the U.S., putting unvaccinated people at risk. For example, despite being eliminated in the U.S., public health officials still report measles cases and outbreaks to the CDC. The United States has already experienced outbreaks of measles during 2019. For measles resources and information on vaccination recommendations, including for children traveling internationally, visit www.cdc.gov/measles.

Steuben County Public Health (SCPH) participates in the Vaccines for Children (VFC) program and has vaccines for children who are uninsured or whose insurance does not pay for vaccines. SCPH also provides adult vaccines. Call 607-664-2438 to schedule an appointment for vaccinations.

### County Health Rankings: Steuben

<table>
<thead>
<tr>
<th>Categories</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Outcomes</td>
<td>42</td>
<td>45</td>
<td>38</td>
</tr>
<tr>
<td>Length of Life</td>
<td>45</td>
<td>47</td>
<td>38</td>
</tr>
<tr>
<td>Quality of Life</td>
<td>32</td>
<td>32</td>
<td>35</td>
</tr>
<tr>
<td>Health Factors</td>
<td>43</td>
<td>38</td>
<td>31</td>
</tr>
<tr>
<td>Health Behaviors</td>
<td>48</td>
<td>50</td>
<td>41</td>
</tr>
<tr>
<td>Clinical Care</td>
<td>30</td>
<td>27</td>
<td>21</td>
</tr>
<tr>
<td>Social &amp; Economic Factors</td>
<td>43</td>
<td>37</td>
<td>33</td>
</tr>
<tr>
<td>Physical Environment</td>
<td>23</td>
<td>6</td>
<td>24</td>
</tr>
</tbody>
</table>

Each year, the County Health Rankings are released by the Robert Wood Johnson Foundation in March. The results can be viewed at [www.countyhealthrankings.org](http://www.countyhealthrankings.org). A variety of factors and data are considered when ranking each county. In New York, there are 62 counties, and the goal is to get as close to #1 in all categories as possible. The data factors considered may change year to year and are typically 2 years or more behind the year of the ranking, so progress from new initiatives are not yet reflected. The table to the right shows the rankings received over the last several years for Steuben County. We are pleased to see our Health Outcomes and Health Factors rankings move in the positive direction this year. Our current Community Health Improvement Plan includes initiatives to strengthen the following areas for improvement that were identified in the rankings: adult smoking rate and adult obesity rate. The next page shows how you can provide input on what we should be working on.

**Free Car Seat Check Event:**

**April 27 from 10 am - 2 pm**

**Armstrong Telephone Company, 136 Front Street, Addison**

All children leave in safe seats. No eligibility requirements.

Contact Sgt. Sorge with questions at 607-622-3911

Events will be posted to Facebook as they are scheduled: [www.Facebook.com/SCNYPublicHealth](http://www.Facebook.com/SCNYPublicHealth)
JOIN US FOR A DISCUSSION ON HEALTH!

Health Priorities Setting Meeting

TUESDAY, MAY 7, 2019
9:00 AM - 12:00 PM
Steuben County Annex Building: 20 E. Morris Street, Bath

Steuben County Public Health and local hospitals are creating the next Community Health Improvement Plan (CHIP). Feedback from organizations and community members will help us decide which health areas need the most focus.

Please join us to review data and choose health priorities.
The current CHIP can be viewed at https://tinyurl.com/CHIP1618

RSVP by Friday, May 3 to: lwagner@steubencountyny.gov or 607-664-2438
Questions may also be directed here
### OFFICE INFORMATION:
**Location:**
First Floor (Basement)
Steuben County Office Building
3 E. Pulteney Square, Bath, NY

**Hours:**
Monday - Friday, 8:30 am - 5:00 pm

**Phone Numbers:**
- **Office:** 607-664-2438
- **Toll Free:** 1-800-724-0471
- **After hours:** 1-800-836-4444

**STD TESTING:**
Uninsured county residents can get free STD testing &
treatment at: **Finger Lakes Community Health** in Bath: 607-776-3063 and
**Planned Parenthood** in Corning:
607-962-4686 or Hornell: 607-324-1124

### TUBERCULOSIS (TB) TESTS
Screening tests for TB are available by appointment only, for a fee of $25.

**All clinics are by appointment only.**

### HIV TESTING CLINICS
Please call ahead for an appointment.

### IMMUNIZATION CLINICS:
Please call ahead for an appointment.

**Day clinic:**
- 1:00 pm - 3:00 pm on 2nd
  - Wednesday every month

**Evening clinic:**
- 4:30 pm - 6:30 pm on 4th Tuesday
  - every month