

In The Know

A monthly newsletter to keep you current and In The Know on topics related to the Prevention of Substance Abuse

Steuben Council on Addictions

A program of Substance Free Living

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Funding to Help Campuses Implement Substance Abuse Prevention Strategies

PRESS RELEASE: Governor Andrew M. Cuomo today announced that \$2.5 million is now available for 20 SUNY and CUNY schools to establish programs aimed at preventing underage drinking and substance use on campus. With these funds, each SUNY and CUNY grant recipient will develop a campus community coalition and foster community partnerships to help strengthen local prevention efforts. The college campus initiative advances the Governor's goal of promoting strategies that prevent underage drinking on college campuses and in college towns across New York.

"Time after time, we have seen the reckless behavior, and bad decisions with often life-altering consequences that come with underage drinking," Governor Cuomo said. "This funding will build on our progress to prevent senseless tragedies and equip students with vital knowledge to curb underage and binge drinking, and provide critical services to those at risk for addiction."

Administered through the New York State Office of Alcoholism and Substance Abuse Services, each awarded college will receive \$125,000 annually for 5 years. The initiative's goal is to prevent and reduce underage drinking and drug use, including prescription drug misuse, amongst the college population, while also making New York's college campuses and communities safer.

New York State OASAS Commissioner Arlene González-Sánchez said, "This funding provides an excellent opportunity to address the potential dangerous and significant health consequences associated with underage alcohol use and drug abuse on college campuses across the State through evidence-based prevention strategies. These awardees will use these funds to help reduce the serious consequences associated with underage and binge drinking, and drug use. The potential consequences include academic difficulties, overdoses and injuries, assaults and fights, illegal activities such as vandalism or drunk driving, unprotected or forced sexual activity, increased risk for sui-



cide, and many other health problems."

The funding will be made available through a Request for Applications administered by NYS OASAS. The College Environmental Prevention: Using the Strategic Prevention Framework to Prevent and Reduce Underage Drinking and Drug Use RFA began Nov. 4, 2016. The anticipated date for the announcement of the selected grant recipients is Feb. 22, 2017. Interested parties can review the RFA and apply for this new funding on the NYS OASAS Procurements website.

SUNY Chancellor Nancy L. Zimpher said, "The State University of New York strives to do all it can to ensure that our campus communities are safe learning environments for all who live, work, and visit. These OASAS grants represent another opportunity for us to enhance our efforts toward that goal, and we look forward to working with our state and local community partners to address this important issue even further."

CUNY Chancellor James B. Milliken said, "Alcohol abuse, binge drinking and drug abuse are nationwide scourges that affect City University of New York students, campuses and neighborhoods as they do students and communities everywhere. We appreciate the Governor's commitment to reducing underage drinking and improving access to treatment in New York. These grants will help bolster CUNY's ongoing efforts to keep our students safe and informed about the dangers of alcohol and drugs in college social settings and off-campus, and educate them about treatment and other services."

DMV Executive Deputy Commissioner Terri Egan said, "In addition to this new grant, our ongoing Operation Prevent program continues to make successful gains in deterring underage drinking in college communities. New York State's main goals are to prevent underage drinking and to hold those who break the law accountable. We thank our partners for their continued assistance in reducing the dangers of underage drinking in college communities."

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Do you or someone you care about need help because of Drugs, Alcohol or Gambling call:

1-877-8HOPENY (1-877-846-7369)

24 hours a day, 7 days a week * Free & confidential information and referrals.

Community Opioid & Substance Abuse Forum



Thursday, February 9th

**Bath-Haverling Central School
District Auditorium**

5:30PM – Greeting and Information Sharing

6:00 – 7:30PM – Forum

Please join community leaders, addiction service providers, and other key stakeholders in a discussion that is critical to our community – combating the spread of opioid and substance abuse.

You will hear from service providers about the resources available for addicts and their caregivers. In addition, you will hear personal stories of recovering addicts and their loved ones about their journey to sobriety. There will be a Q&A with a panel of experts to address any questions the community may have.

Refreshments will be provided, and representatives of these support services will be in attendance for additional information.

Council Corner

We are excited to welcome Tara Chapman to the Substance Free Living team! Tara is our newest team member who is a Prevention Counselor at Hammondsport Central School for Bath Area Hope for Youth. Tara comes with a background in Social Work. She earned her Bachelor's Degree from Buffalo State. Tara comes to us with five years of experience in human services.



Tara was looking for a career that met her calling; to help kids in a counseling setting while being a part of an organization such as Catholic Charities. Being on the pre-emptive part of counseling will be rewarding for her. She brings enthusiasm and excitement to her new position; working hard to create rapport and being able to help students.



Substance Free Living

A service priority for Catholic Charities of Steuben

8 East Morris Street, Bath, NY 14810

Phone: (607) 776-6441 * Fax: (607) 776-6664

Prevention Director: Jim Bassage

Prevention Educators: Barb McCollumn, Stacey O'Dell, Jennifer Marion, Stephanie Wilcox

*Administrative Assistant & DDP Coordinator:
Diana McIntosh*

Clerical Assistant: Jessica Allison

*Drug Free Communities Coordinator:
Norman McCumiskey*

*Drug Free Communities Program Assistant:
Colleen Banik*

Bath Hope for Youth Counselors:

*Sherry Sutton—Campbell-Savona
Tara Chapman—Hammondsport
Jennifer Beaty—Haverling*

Steuben Council on Addictions is a program of Substance Free Living, which is a service priority for Catholic Charities of Steuben. In The Know is a regular monthly update about alcohol, tobacco and other drugs to help in the prevention of substance use and abuse. For more information please contact Stacey O'Dell, Prevention Educator at sodell@dor.org.



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State Liquor Authority Chairman Vincent Bradley said, "As combating underage drinking requires a collaborative approach, this new grant initiative coupled with coordinated actions by state and local law enforcement will greatly enhance our efforts to protect both our communities and young New Yorkers from negative outcomes that far too often result from underage drinking."

This initiative complements Governor Cuomo's commitment to address sexual assault on college campuses through the State's *Enough is Enough* campaign to combat sexual assault on private college campuses across the state, announced in 2015. This campaign codified protocols already adopted by the SUNY system through the Sexual Violence Victim/Survivor Bill of Rights and Uniform Definition of Consent.

This uniform set of practices designed to combat sexual assaults on college campuses was implemented at SUNY campuses in 2014 at the Governor's direction. This new College Environmental Prevention initiative will further these already enacted efforts to combat sexual assault by implementing programs to reduce the number of risky situations that may result from alcohol and drug use. Nationally, more than 690,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking, and an estimated 97,000 in the same age group are victims of alcohol-related sexual assault or date rape.

Research from the National Institute on Alcohol Abuse and Alcoholism indicates that alcohol is still the most abused drug on college campuses across the country. According to the NIAAA, more than 80 percent of college students drink alcohol with almost half reporting binge drinking in the past two weeks. Further research has shown that college students who binge drink are more likely to suffer a variety of negative, or even life-threatening events, than those who don't drink heavily or at all. A new study released by the Substance Abuse and Mental Health Services Administration indicates that on an average day during the past year, 1.2 million of the 9 million full-time college students in the U.S. drank alcohol, and 703,759 used marijuana. Prescrip-

tion drug misuse, a precursor to other opioid misuse and abuse, is also a serious issue on college campuses. About one in four people ages 18 to 20 report using these medications non-medically, according to a National Survey on Drug Use and Health.

This new initiative, supported through OASAS's general prevention appropriation funding, also follows the Governor's announcement this fall on coordinated efforts by several state agencies including OASAS, the New York State Police, the Department of Motor Vehicles, and the State Liquor Authority to prevent underage drinking on college campuses and in college towns. The DMV, through Operation Prevent has made 129 arrests and seized 147 fake IDs and false documents since mid-September. Additionally, the SLA has hosted free compliance training seminars in Rochester, Syracuse, Utica, Binghamton and Newburgh, providing training to nearly 500 restaurants, bar owners and their staff on avoiding sales to underage youth and intoxicated patrons.

New Yorkers struggling with an addiction, or whose loved ones are struggling, can find help and hope by calling the State's HOPEline at 1-877-8-HOPENY (1-877-846-7369) or by texting HOPENY (Short Code 467369). New Yorkers can find an OASAS-certified substance use disorder treatment provider any time by using the OASAS Treatment Availability Dashboard at FindAddictionTreatment.ny.gov. For additional help with accessing substance use disorder care and obtaining insurance coverage, view short, helpful videos on the Access Treatment page also on www.oasas.ny.gov.

Visit the #CombatAddiction web pages at oasas.ny.gov/CombatAddiction to learn more about how you can help to #CombatAddiction in your community. Visit www.combatheroin.ny.gov for information on addressing heroin and prescription opioid abuse, including a Kitchen Table Tool Kit to help start the conversation about the warning signs of addiction and where to get help. For additional tools to use in talking to young people about preventing underage drinking or drug use, visit the State's Talk2Prevent website.

**Steuben County
Underage Party &
Drug Information Tip Line**

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers, or other suspicious activities are encouraged to use the tip line.

The tip line will be monitored seven days a week, 24 hours a day. All calls are anonymous.

**Do your part to help make our
communities safe for everyone!**

1-844-378-4847



Youth who drink alcohol are more likely to experience: School problems, such as higher absence and poor or failing grades. Social problems, such as fighting and lack of participation in youth activities. Legal problems, such as arrest for driving or physically hurting someone while drunk.