



BOARD OF DIRECTORS:

- Christopher Rider
- Marcia Miller
- Jim Rose
- Tim Sullivan
- Charles Tyo
- Bonnie Tyo
- Debra Fitch
- Keely Rosica
- Christopher Taylor,
Executive Director
- Julie Charlanow,
Director
- Jolene McCormick
Clinical Supervisor
- Prevention staff:**
- Christine Nightingale,
Supervisor
- Alexis Thorne,
Education Specialist
- Erin Doyle,
Education Specialist
- Chelsae Molter,
Education Specialist
- Janet LaRue,
Community Specialist
- Hillary Hendrickson,
Assistant

Trinity PRIDE

Prevention Resource Information on Drug Education

150 Lake Street, 2nd Floor Elmira, NY 14901

T: (607) 737-5218

F: (607) 846-3239

VOLUME 5, ISSUE 6

JULY 2014



Purposeful Parenting Month

July is National Purposeful Parenting Month, a time to build strong, positive, and healthy relationships with your children of all ages. A time to emphasize healthy communication skills and support their growing independence. Being a purposeful parent takes hard work and commitment in order to nurture love and respect in the family, as well as the need to shift the family's focus and energy in the right direction.

Coupling the 8 Steps with positive role-modeling will help to create a safe and secure home environment for children to develop, thrive, and flourish into adulthood.

8 Steps to Purposeful Parenting

1. **Structure & Order**
2. **Responsibility & Accountability**
3. **Firmness & Fairness**
4. **Limits & Boundaries**
5. **Consistency**
6. **Problem Solving Skills**
7. **Understanding**
8. **Unconditional Love**

Upcoming Events:

- 7/12 Family Day
- 7/28 Chemung DDP
- Every Thursday-
Winser Market

Save the Date!!!
Walk for Recovery
September 13, 2014



Registration forms can be found on our Facebook page, and on our website.

1K Walk or 5K Run

Raffles, Prizes, Games, Entertainment, and Fun!!





P.R.O.U.D.

Our next meeting will be held on Sept. 24, 2014 @10am. All community members are welcome!

www.ProudCoalition.wydasire.com

Strong Kids Safe Kids
11am - 3pm
August 16, 2014
Chemung County Fairgrounds
See You There!

Trinity of Chemung County would like to Welcome
Marc McDowell, LMHC
Lisa Von Hagn Daley, LMSW
to our Trinity Team!



Family Day 2014

Saturday July 12th from 12p-2p is Family Day at Sullivan Park (located on Thorne St in Horseheads). Trinity of Chemung County along with many other Chemung County organizations will be there with information and activities.

Please come and see us!
We will be there decorating t-shirts!

For more information, contact
Horseheads Youth bureau
(607) 739-3517

What's Prevention Doing?

- Now that school is out, our Educators are off to Summer Cohesion. Alexis, Erin, and Chelsae all have classes in each school hosting summer cohesion this year!
- Our educators are also teaching programs at the Southside Community Center, New Day, and Glove House.
- Look for us at Winsor Market every Thursday! We will be doing prevention and awareness activities with the youth and offering education to the community!

In The News....

New York State Heroin Bill Signed



Heroin abuse has been increasing at dangerously high rates. In 2012, there were 467,000 people nationally reported to be abusing heroin or having a heroin dependency. In 2013, New York State alone had 89,269 cases of heroin and prescription opiate treatment admissions which is an increase from the 63,793 admissions in 2004.

Governor Cuomo has recently signed a new bill into legislation that is intended to help with the Opioid Epidemic. Under this new bill there are provisions set to help support treatment of individuals with substance addiction problems, to enable State and law enforcement to better crack down on the distribution of opioids, heroin, and prescription drugs. This bill also improves accessibility and ensures the proper use of naloxone (Narco), and will expand public awareness campaigns to help educate New Yorkers particularly targeting students and young people.