



BOARD OF DIRECTORS:

- Christopher Rider
- Timothy Sullivan
- Marcia Miller
- Charles Tyo
- Christopher Taylor,
Executive Director

PREVENTION STAFF:

- Julie Charlanow,
Director
- Christie Nightingale,
Supervisor
- Janet LaRue,
Community Specialist
- Alexis Thorne,
Education Specialist
- Erin Doyle,
Education Specialist
- Chelsae Molter,
Education Specialist
- Hillary Hendrickson,
Assistant

Trinity PRIDE

Prevention Resource Information on Drug Education

150 Lake Street, 2nd Floor Elmira, NY 14901 T: (607) 737-5218 F: (607) 846-3239

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STERIOD ABUSE PREVENTION MONTH

- ◆ **Myth#1- Women don't use steroids. False!**
Studies show that four times as many men abuse steroids as women, but the risk is still significant. The reasons women give for abusing steroids range from a skewed body image to self defense
- ◆ **Myth#2- It's hard to get caught buying steroids over the internet. False!**
The newest and fastest way to get caught buying illegal steroids is by ordering them through the mail. Many law abiding citizens have been arrested for receiving anabolic steroids through the mail
- ◆ **Myth#3- Steroids aren't as illegal as other drugs. False!**
The U.S. Government considers steroids a level III controlled substance. Simple illegal possession can result in one year jail time and a minimum fine of \$1,000.00



Thank you to the following gyms for participating by handing out "Naturally Me, Drug Free" bracelets and displaying our steroid information boards:

- ◆ New York Sport & Fitness
- ◆ Diamond Gym
- ◆ Jim's Fitness
- ◆ Snap Fitness
- ◆ Elmira Downtown Health Club
- ◆ Elmira Fitness Center
- ◆ Speidel Gym Elmira College
- ◆ YMCA



Upcoming Events

- 3/03/14 Art for Awareness contest
- 3/27/14 Town Hall Meeting



Town Hall Meeting On Social Hosting

Learn how to keep you and your child safe!

- Learn the laws associated with Social Hosting
- How an underage party can affect your insurance
- Learn the legal repercussions
- Hear a parents input
- Be able to ask questions freely and have up to date answers from respected officials

March 27, 2014
6:30-8:00 p.m.
Southside
Community
Center
215 Partridge St.
Elmira

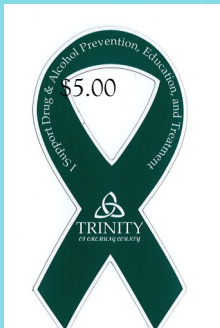


P.R.O.U.D

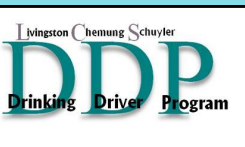
Our next Coalition meeting is March 26th. Anyone can attend! Our main topics of discussion will be Social Hosting, Town Hall Meeting, SADD in the schools, and the Art for Awareness Contest.

Any questions about upcoming meetings email cnightingale@trinityofchemungcounty.org.

www.ProudCoalition.yolasite.com



Support our mission



For questions regarding DDP, please call (607) 737-5218.

To enroll in DDP, Participants must sign up at their local DMV

Next class is on 4/24/14 in Chemung County

4th Annual

Art For Awareness Poster Contest

Trinity of Chemung County and the PROUD Coalition are hosting their annual Art for Awareness Contest. Last year's winner, Ashley Matteson, had her poster featured on two billboards in Elmira! This year's theme is, "Reasons to be Alcohol Free." The Contest is open to all Chemung County Students in 3rd thru 12th grade. The Contest starts March 3, 2014 and drawings will be on display at the Arnot Mall from April 13-19th, where the community can vote for the winners. There will be one Grand Prize winner and 1st and 2nd place winners from the elementary, middle and high school levels. The deadline for submissions is Friday, April 4th, 2014.



WELCOME!

Trinity Prevention would like to welcome 2 new staff members to the team!

Janet LaRue—

Community Specialist

Chelsae Molter—

Prevention Educator

Thank you to the following area businesses who donated prizes to the Art for Awareness Contest:

- Barnes & Nobles
- Cookie Company
- FYE
- Glamour & Glow
- Louie's
- Sweet Frog
- Paesano's
- Party Time
- Pizza Hutt
- Taco Bell
- Tanning Bed
- Texas Road House
- Vincenzo's



Trinity is giving a Free Limo ride to prom !!

Bring your high school senior to our Town Hall Meeting on March 27th for a chance to arrive in style to their prom courtesy of Silk Limousines!

